



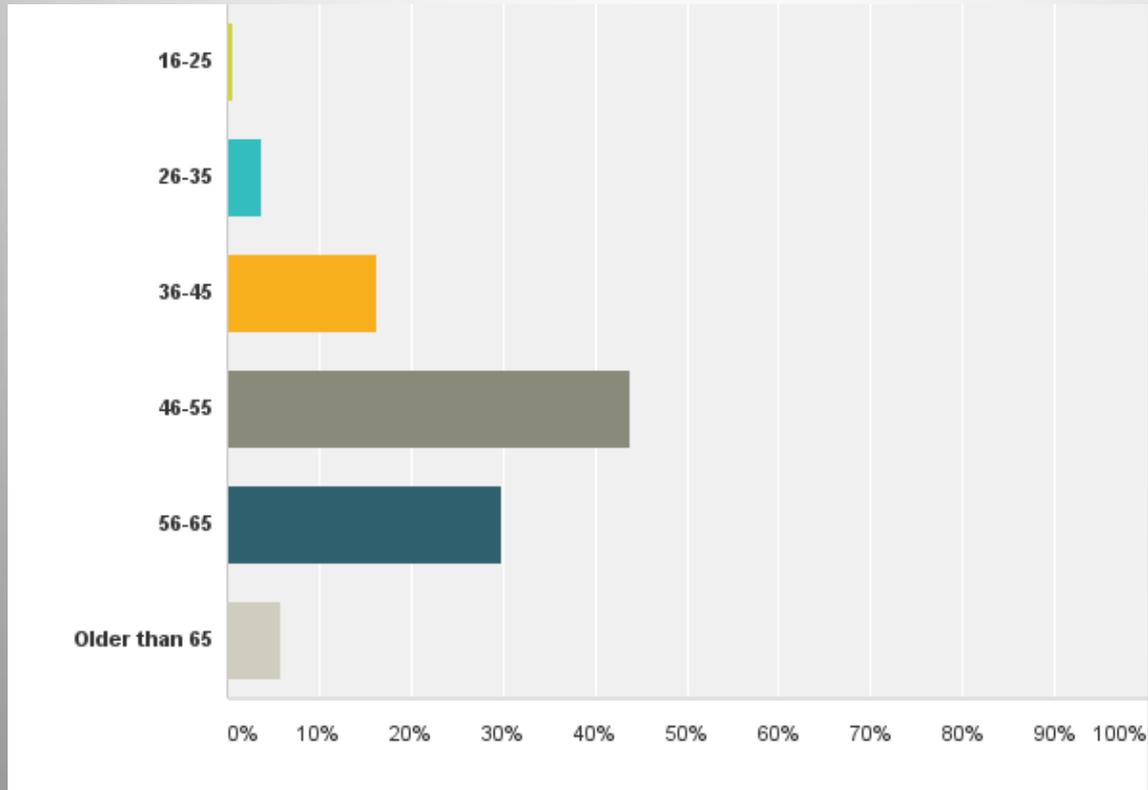
Survey: Testosterone Use and Experiences by Men (345 Participants)

Tuesday, August 30, 2016

Collected by Nelson Vergel

Q1: How old are you?

Answered: 345 Skipped: 0



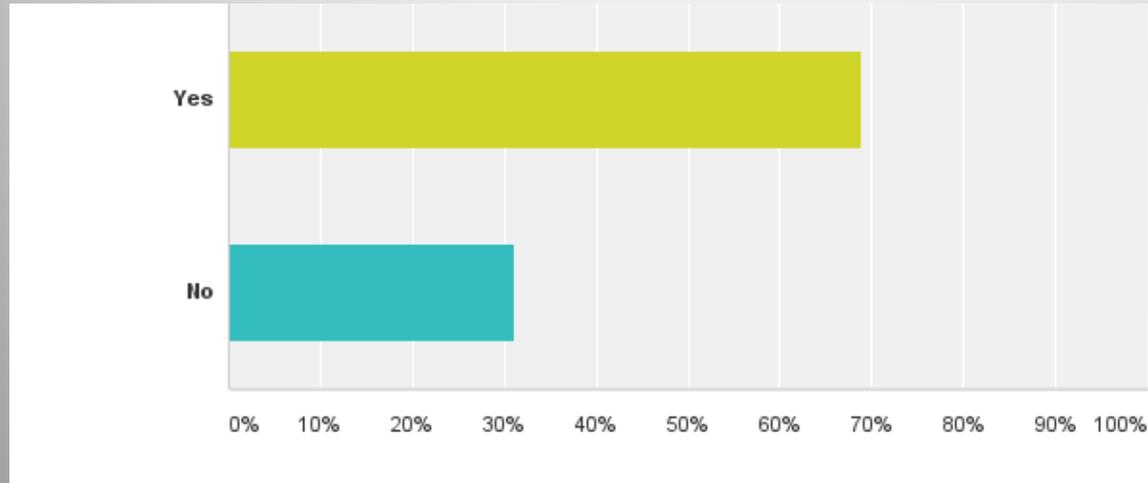
Q1: How old are you?

Answered: 345 Skipped: 0

| Answer Choices | Responses |
|----------------|------------|
| 16-25 | 0.58% 2 |
| 26-35 | 3.77% 13 |
| 36-45 | 16.23% 56 |
| 46-55 | 43.77% 151 |
| 56-65 | 29.86% 103 |
| Older than 65 | 5.80% 20 |
| Total | 345 |

Q2: Are you a registered member of ExcelMale.com?

Answered: 58 Skipped: 287



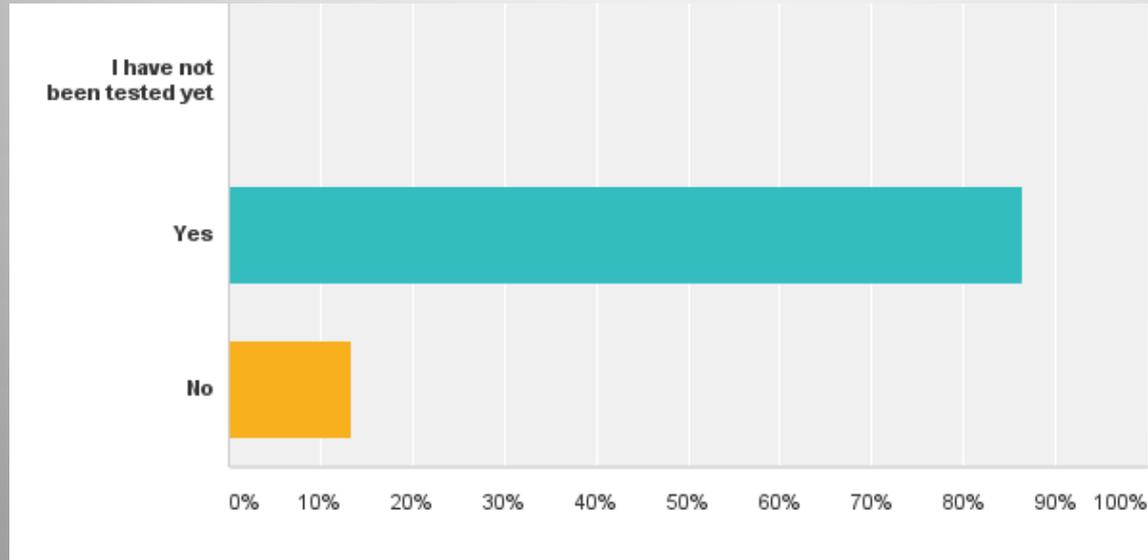
Q2: Are you a registered member of ExcelMale.com?

Answered: 58 Skipped: 287

| Answer Choices | Responses | |
|----------------|-----------|-----------|
| Yes | 68.97% | 40 |
| No | 31.03% | 18 |
| Total | | 58 |

Q3: Have you been told by your doctor that you have or had low blood levels of testosterone?

Answered: 344 Skipped: 1



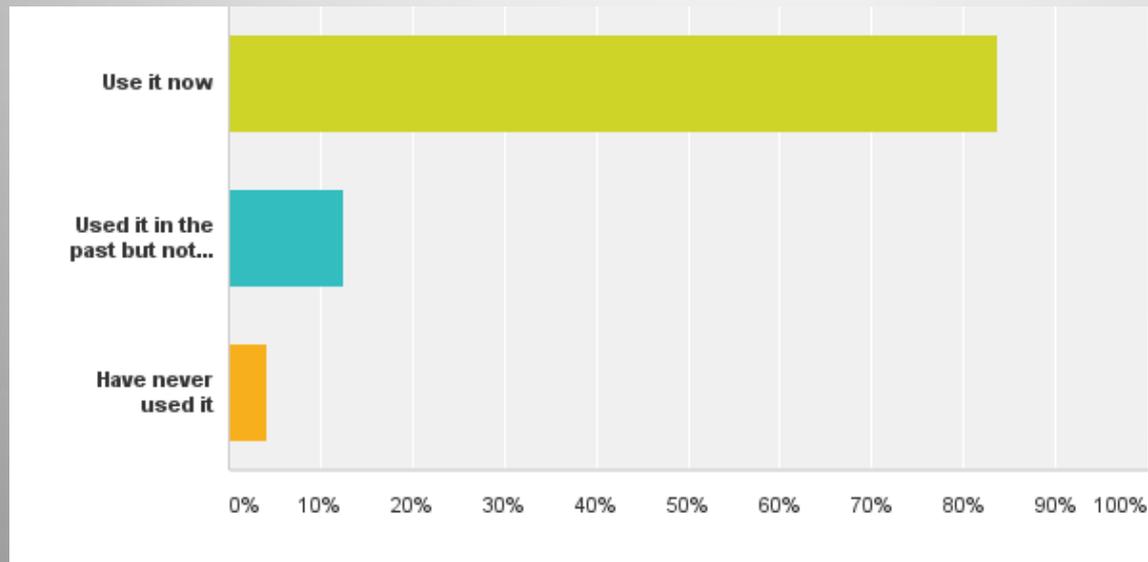
Q3: Have you been told by your doctor that you have or had low blood levels of testosterone?

Answered: 344 Skipped: 1

| Answer Choices | Responses |
|----------------------------|------------|
| I have not been tested yet | 0.29% 1 |
| Yes | 86.34% 297 |
| No | 13.37% 46 |
| Total | 344 |

Q4: Have you used or are you currently using testosterone replacement therapy?

Answered: 343 Skipped: 2



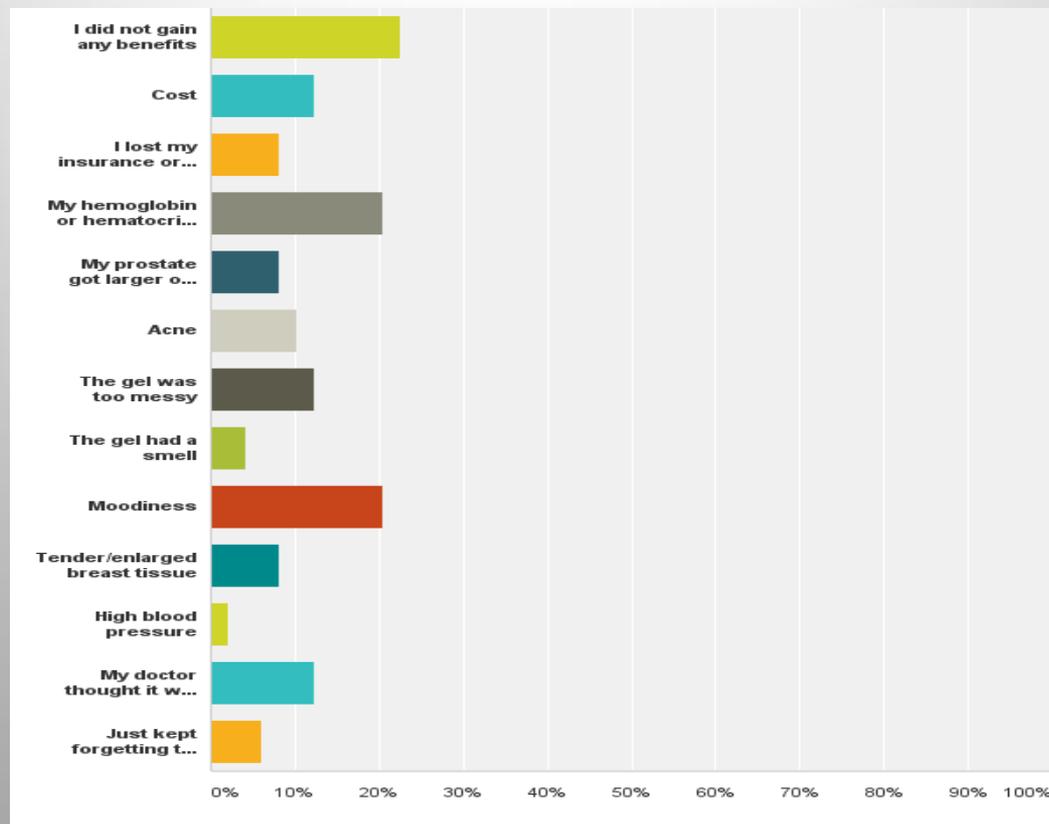
Q4: Have you used or are you currently using testosterone replacement therapy?

Answered: 343 Skipped: 2

| Answer Choices | Responses | |
|---------------------------------|-----------|-----|
| Use it now | 83.67% | 287 |
| Used it in the past but not now | 12.54% | 43 |
| Have never used it | 4.08% | 14 |
| Total Respondents: 343 | | |

Q5: If you used testosterone in the past but not currently, why did you stop it?

Answered: 49 Skipped: 296



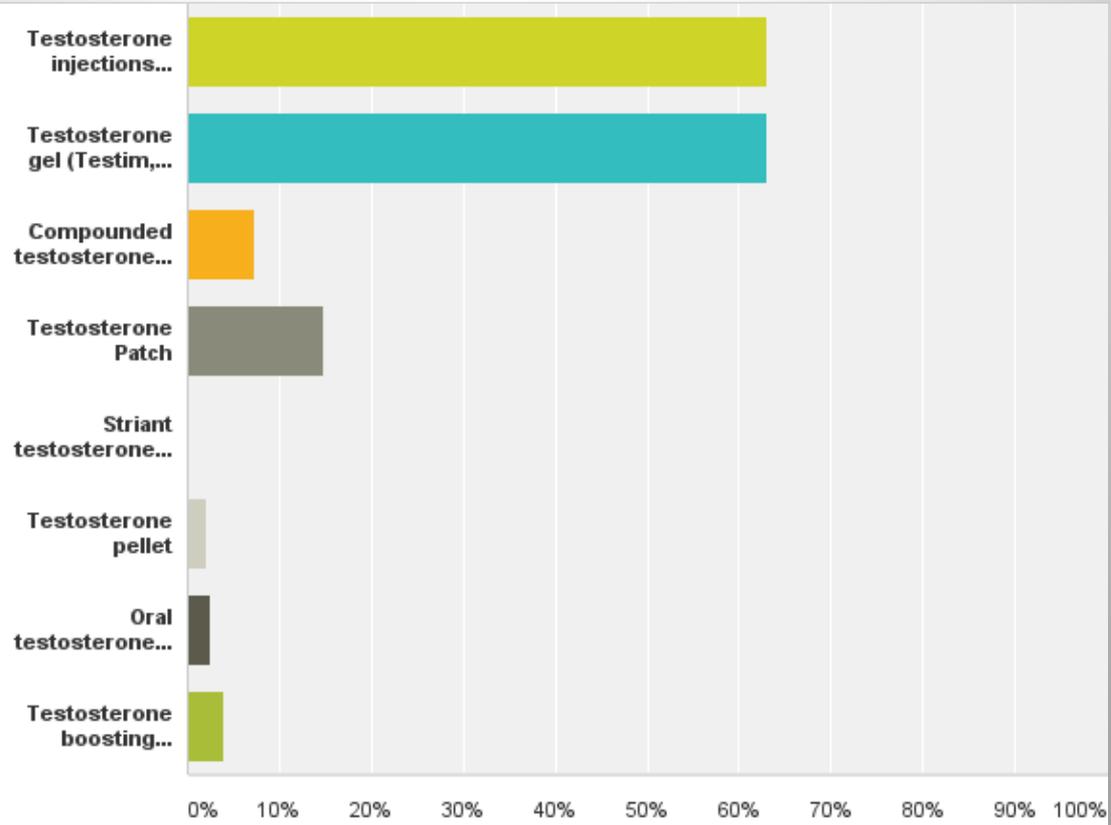
Q5: If you used testosterone in the past but not currently, why did you stop it?

Answered: 49 Skipped: 296

| Answer Choices | Responses | |
|---|-----------|----|
| I did not gain any benefits | 22.45% | 11 |
| Cost | 12.24% | 6 |
| I lost my insurance or coverage | 8.16% | 4 |
| My hemoglobin or hematocrit increased | 20.41% | 10 |
| My prostate got larger or my PSA blood levels increased | 8.16% | 4 |
| Acne | 10.20% | 5 |
| The gel was too messy | 12.24% | 6 |
| The gel had a smell | 4.08% | 2 |
| Moodiness | 20.41% | 10 |
| Tender/enlarged breast tissue | 8.16% | 4 |
| High blood pressure | 2.04% | 1 |
| My doctor thought it was bad for me | 12.24% | 6 |
| Just kept forgetting to use it | 6.12% | 3 |
| Total Respondents: 49 | | |

Q6: What testosterone delivery methods have you used or currently use?

Answered: 331 Skipped: 14



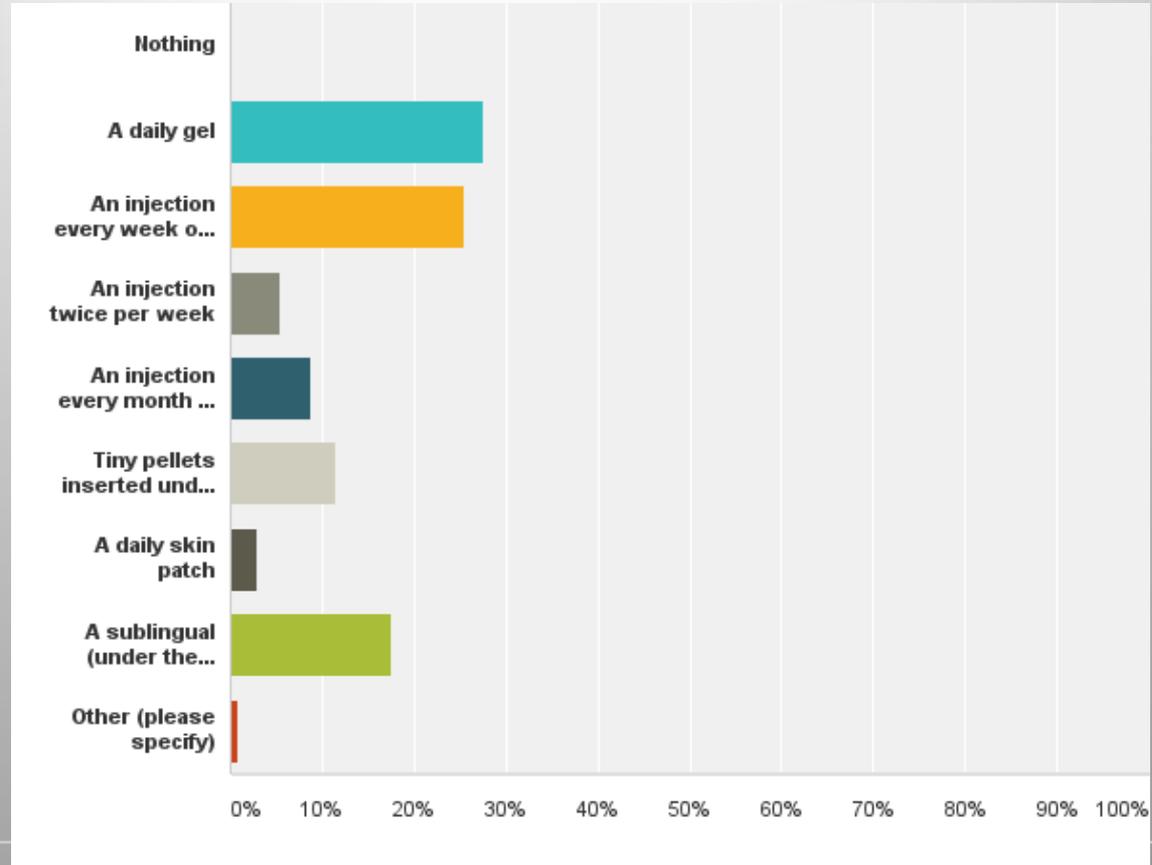
Q6: What testosterone delivery methods have you used or currently use?

Answered: 331 Skipped: 14

| Answer Choices | Responses |
|--|------------|
| Testosterone injections (Nebido, Aveed, T Cypionate, T enanthate, T propionate, Sustanon, other) | 63.14% 209 |
| Testosterone gel (Testim, Axiron, Fortesta, Androgel, Testogel, Other) | 63.14% 209 |
| Compounded testosterone gel | 7.25% 24 |
| Testosterone Patch | 14.80% 49 |
| Striant testosterone buccal strip | 0.30% 1 |
| Testosterone pellet | 2.11% 7 |
| Oral testosterone undecanoate | 2.42% 8 |
| Testosterone boosting supplements | 3.93% 13 |
| Total Respondents: 331 | |

Q7: What method of delivery would you prefer if you had the options available to you?

Answered: 331 Skipped: 14



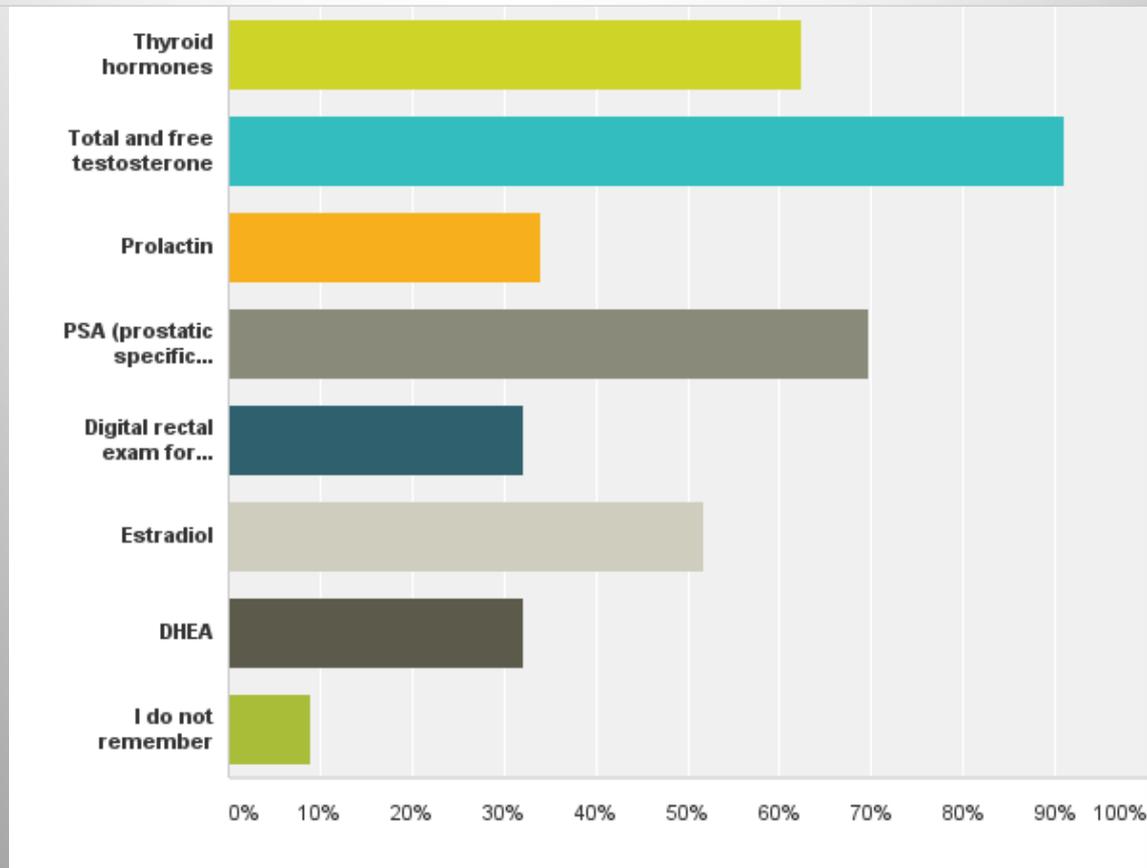
Q7: What method of delivery would you prefer if you had the options available to you?

Answered: 331 Skipped: 14

| Answer Choices | Responses | |
|--|-----------|------------|
| Nothing | 0.00% | 0 |
| A daily gel | 27.49% | 91 |
| An injection every week or two | 25.38% | 84 |
| An injection twice per week | 5.44% | 18 |
| An injection every month or more | 8.76% | 29 |
| Tiny pellets inserted under your skin that last for 3-4 months | 11.48% | 38 |
| A daily skin patch | 3.02% | 10 |
| A sublingual (under the tongue) daily product | 17.52% | 58 |
| Other (please specify) | 0.91% | 3 |
| Total | | 331 |

Q8: If you use or have used testosterone by prescription, did your doctor check the following before starting you on testosterone?:

Answered: 56 Skipped: 289



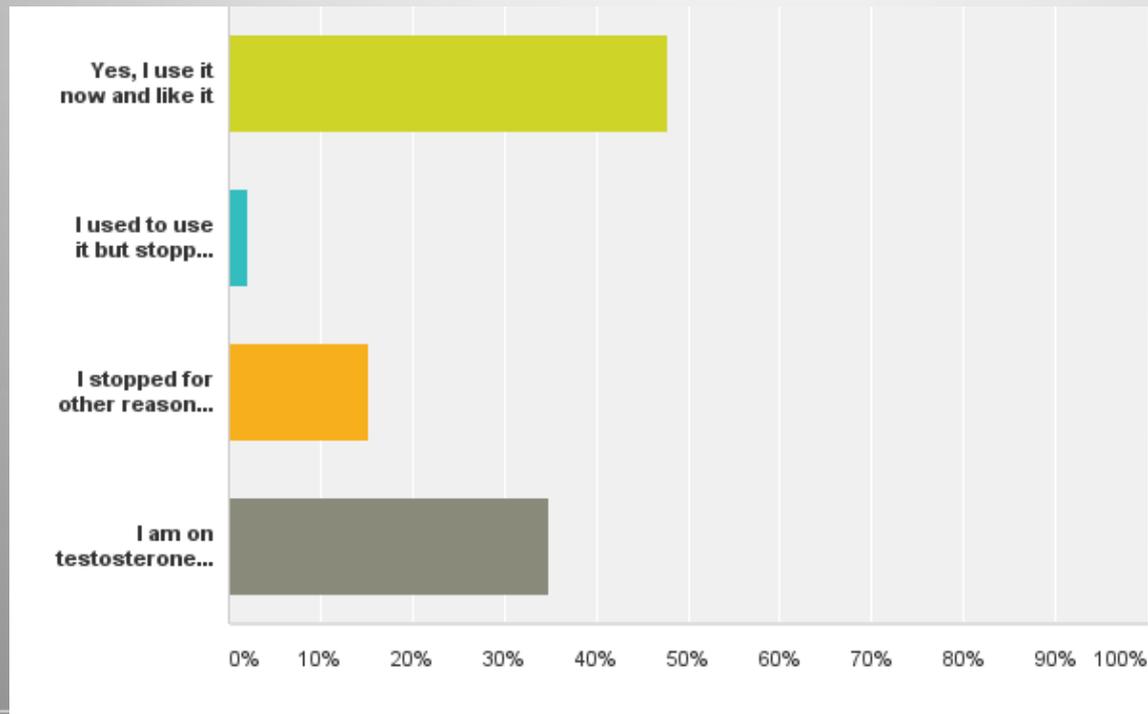
Q8: If you use or have used testosterone by prescription, did your doctor check the following before starting you on testosterone?:

Answered: 56 Skipped: 289

| Answer Choices | Responses | |
|---------------------------------------|-----------|----|
| Thyroid hormones | 62.50% | 35 |
| Total and free testosterone | 91.07% | 51 |
| Prolactin | 33.93% | 19 |
| PSA (prostatic specific antigen) | 69.64% | 39 |
| Digital rectal exam for prostate size | 32.14% | 18 |
| Estradiol | 51.79% | 29 |
| DHEA | 32.14% | 18 |
| I do not remember | 8.93% | 5 |
| Total Respondents: 56 | | |

Q9: Do you use or have you used HCG with testosterone to prevent/reverse testicular shrinkage?

Answered: 46 Skipped: 299



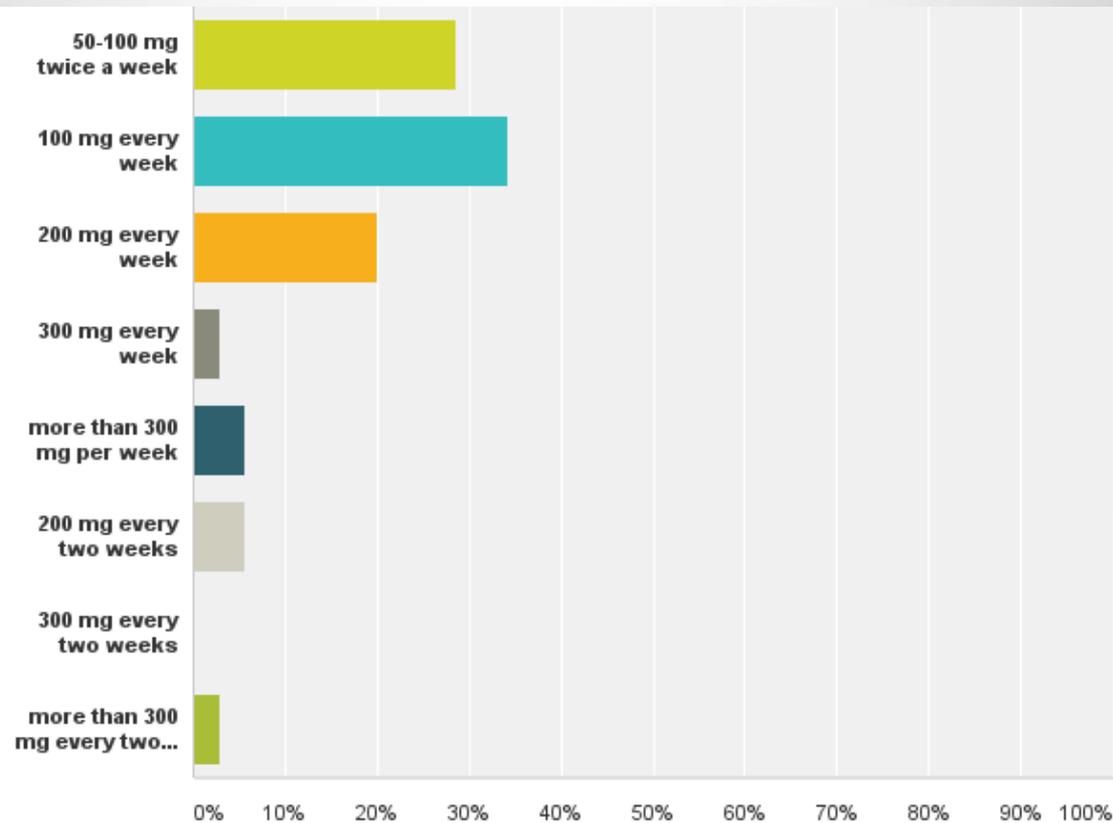
Q9: Do you use or have you used HCG with testosterone to prevent/reverse testicular shrinkage?

Answered: 46 Skipped: 299

| Answer Choices | Responses | |
|--|-----------|-----------|
| Yes, I use it now and like it | 47.83% | 22 |
| I used to use it but stopped. It did not work | 2.17% | 1 |
| I stopped for other reasons not related to efficacy | 15.22% | 7 |
| I am on testosterone but my doctor does not agree on prescribing HCG | 34.78% | 16 |
| Total | | 46 |

Q11: If are using testosterone injections, how much and how frequently do you use?

Answered: 35 Skipped: 310



Q11: If are using testosterone injections, how much and how frequently do you use?

Answered: 35 Skipped: 310

| Answer Choices | Responses |
|----------------------------------|-----------|
| 50-100 mg twice a week | 28.57% 10 |
| 100 mg every week | 34.29% 12 |
| 200 mg every week | 20.00% 7 |
| 300 mg every week | 2.86% 1 |
| more than 300 mg per week | 5.71% 2 |
| 200 mg every two weeks | 5.71% 2 |
| 300 mg every two weeks | 0.00% 0 |
| more than 300 mg every two weeks | 2.86% 1 |
| Total | 35 |