



VibrantAmerica

Final Report Date: 03-03-2016 00:35

Specimen Collected: 03-01-2016

Accession ID: 1603020057

Specimen Received: 03-02-2016 11:15

Last Name	First Name	Middle Name	Date of Birth	Gender	Physician ID
HATFIELD	JOSH		1977-07-29	Male	2096

P A T I E N T	Name: JOSH HATFIELD	P R O V I D E R	Practice Name: Monty Morris, PAC
	Date of Birth: 1977-07-29		Provider Name: Monty Morris, PAC (2096)
	Gender: Male		Street Address: 310 W. 2ND ST.
	Age: 38		City: JUSTIN
	Medical Record Number:		State: TX
	Telephone #: 940-648-9900		Zip #: 76247
	Street Address: 1600 E. 2ND ST.		Telephone #: 940-648-9900
	City: FORT WORTH		Fax #:
	State: TX		
	Zip #: 76102		
	Email:		
	Fasting: NOT_FASTING	No. of hours:	

The comments in this report are meant only for clinical guidance  
Please consult your physician for medication, treatment or life style management

Nutrition	Test name	In Control	Moderate	High Risk	In Control Range	Moderate Range	High Risk Range	Previous
	Vitamin D (ng/mL)			25	>=30		<=29	
<b>Comments</b> Likely vitamin D deficiency. Consider increasing vitamin D intake (e.g., adequate sun exposure and diet supplementation).								



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Rheumatoid Arthritis	Test name	In Control	Moderate	High Risk	In Control Range	Moderate Range	High Risk Range	Previous
	RF IgM (IU/mL)	<10			<=13		>=14	
	Anti-CCP3 IgG and IgA (U)	10			<=19	20-39	>=40	
	hs-CRP (mg/L)			5.9	<=0.9	1.0-3.0	>=3.1	

#### Comments

Calculate DAS score. If DAS 6, likely diagnosis of rheumatoid arthritis as per ACR guidelines. Consider analgesics such as NSAIDs and disease-modifying anti rheumatic drugs (DMARDs). Regular exercise recommended.

**For Physician:** Please fill in the Score column and calculate DAS Score using the following criteria.

Joint Distribution (0-5 points)	Points	Score
1 large joint	0 point	
2-10 large joints	1 point	
1-3 small joints (large joints not counted)	2 points	
4-10 small joints (large joints not counted)	3 points	
>10 joints (at least one small joint)	5 points	
<b>Acute Phase Reactants (0-1 point)</b>		
In Control hs-CRP	0 point	
Abnormal hs-CRP	1 point	
<b>Serology (0-3 points)</b>		
In Control RF and In Control CCP	0 point	
Moderate RF	2 points	
Moderate CCP	2 points	
High Risk RF	3 points	
High Risk CCP	3 points	
<b>Symptom Duration (0-1 point)</b>		
< 6 weeks	0 point	
>= 6 weeks	1 point	
<b>Total Score</b>		

If the sum of all points is greater than or equal to 6, there is likely diagnosis of Rheumatoid Arthritis



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ANA*	Result	Pattern	Titer
	Negative	Not Applicable	1:40



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Lipids	Test name	In Control	Moderate	High Risk	In Control Range	Moderate Range	High Risk Range	Previous
	Cholesterol, Total (mg/dL)	196			<=199	200~240	>=241	
	LDL Direct (mg/dL)		129		<=99	100~129	>=130	
	HDL Direct (mg/dL)		43		>=56	35~55	<=34	
	Triglyceride (mg/dL)			273	<=149	150~200	>=201	

#### Comments

Follow NCEP: ATPIII guidelines. Dietary strategies to consider include adequate intake of monounsaturated fats and omega-3 fatty acids, moderate alcohol intake, reduction of total carbohydrate to less than 50% of calories, emphasis on low glycemic-load foods and reduction of fructose, weight loss and regular exercise.