



VibrantAmerica



Final Report Date: 03-03-2016 00:35

Specimen Collected: 03-01-2016

Accession ID: 1603020057

Specimen Received: 03-02-2016 11:15

Last Name	First Name	Middle Name	Date of Birth	Gender	Physician ID
[REDACTED]	[REDACTED]		1977-07-29	Male	2096

P A T I E N T	Name: JOSH HATFIELD	P R O V I D E R
	Date of Birth: 1977-07-29	
	Gender: Male	
	Age: 38	
	Medical Record Number:	
	Telephone #: [REDACTED]	
	Street Address: [REDACTED]	
City: [REDACTED]	Practice Name: Monty Morris, PAC	
State: TX	Provider Name: Monty Morris, PAC (2096)	
Zip #: [REDACTED]	Street Address: 310 W. 2ND ST.	
Email:	City: JUSTIN	
Fasting: NOT_FASTING No. of hours:	State: TX	
	Zip #: 76247	
	Telephone #: 940-648-9900	
	Fax #:	

The comments in this report are meant only for clinical guidance
Please consult your physician for medication, treatment or life style management

Nutrition	Test name	In Control	Moderate	High Risk	In Control Range	Moderate Range	High Risk Range	Previous
	Vitamin D (ng/mL)			25		>=30		<=29
Comments								
Likely vitamin D deficiency. Consider increasing vitamin D intake (e.g., adequate sun exposure and diet supplementation).								



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Rheumatoid Arthritis	Test name	In Control	Moderate	High Risk	In Control Range	Moderate Range	High Risk Range	Previous
	RF IgM (IU/mL)	<10			<=13		>=14	
	Anti-CCP3 IgG and IgA (U)	10			<=19	20-39	>=40	
	hs-CRP (mg/L)			5.9	<=0.9	1.0-3.0	>=3.1	

Comments

Calculate DAS score. If DAS 6, likely diagnosis of rheumatoid arthritis as per ACR guidelines. Consider analgesics such as NSAIDs and disease-modifying anti rheumatic drugs (DMARDs). Regular exercise recommended.

For Physician: Please fill in the Score column and calculate DAS Score using the following criteria.

Joint Distribution (0-5 points)	Points	Score
1 large joint	0 point	
2-10 large joints	1 point	
1-3 small joints (large joints not counted)	2 points	
4-10 small joints (large joints not counted)	3 points	
>10 joints (at least one small joint)	5 points	
Acute Phase Reactants (0-1 point)		
In Control hs-CRP	0 point	
Abnormal hs-CRP	1 point	
Serology (0-3 points)		
In Control RF and In Control CCP	0 point	
Moderate RF	2 points	
Moderate CCP	2 points	
High Risk RF	3 points	
High Risk CCP	3 points	
Symptom Duration (0-1 point)		
< 6 weeks	0 point	
>= 6 weeks	1 point	
Total Score		

If the sum of all points is greater than or equal to 6, there is likely diagnosis of Rheumatoid Arthritis

Tests flagged with * were developed by and performance characteristics were determined by Vibrant America. Indicated tests are not FDA-cleared or approved. The laboratory is regulated under CLIA as qualified to perform high-complexity testing. This test is used for clinical purposes. It should not be regarded as investigational or for research. Tests flagged with * were performed at Vibrant Genomics. Tests flagged with * were performed at Vibrant Wellness. Results of the following tests obtained with different manufacturers' assay methods may not be used interchangeably. The magnitude of the reported levels cannot be correlated to an endpoint liter. all Celiac section tests, Connective Tissue Disease section tests, and the ENA Profile-6. Laboratory Director: Mervyn Sahud, MD CLIA: 05D2078809 CLF: 00346278
 Vibrant America Clinical Laboratory, 1021 Howard Avenue, Suite B, San Carlos, CA 94070. Phone: +1(866)364-0963; FAX: +1(650)505-8260; Email: support@vibrant-america.com



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ANA*	Result	Pattern	Titer
	Negative	Not Applicable	1:40

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Lipids	Test name	In Control	Moderate	High Risk	In Control Range	Moderate Range	High Risk Range	Previous
	Cholesterol, Total (mg/dL)	196			<=199	200~240	>=241	
	LDL Direct (mg/dL)		129		<=99	100~129	>=130	
	HDL Direct (mg/dL)		43		>=56	35~55	<=34	
	Triglyceride (mg/dL)			273	<=149	150~200	>=201	

Comments
Follow NCEP: ATPIII guidelines. Dietary strategies to consider include adequate intake of monounsaturated fats and omega-3 fatty acids, moderate alcohol intake, reduction of total carbohydrate to less than 50% of calories, emphasis on low glycemic-load foods and reduction of fructose, weight loss and regular exercise.

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