

Basic Health Profile FINAL

Result

Cholesterol, Total 190
Desired Range: <200 mg/dL

HDL Cholesterol 85
Desired Range: > OR = 40 mg/dL

Triglycerides 61
Desired Range: <150 mg/dL

LDL Cholesterol 90
Unit of Measure: mg/dL (calc)
Reference range: <100

Desirable range <100 mg/dL for primary prevention;
<70 mg/dL for patients with CHD or diabetic patients
with > or = 2 CHD risk factors.

LDL-C is now calculated using the Martin-Hopkins
calculation, which is a validated novel method providing
better accuracy than the Friedewald equation in the
estimation of LDL-C.
Martin SS et al. JAMA. 2013;310(19): 2061-2068
(<http://education.QuestDiagnostics.com/faq/FAQ164>)

Cholesterol Total/Cholesterol HDL Ratio
Desired Range: <5.0 (calc)

Non HDL Cholesterol 105
Desired Range: <130 mg/dL (calc)

For patients with diabetes plus 1 major ASCVD risk
factor, treating to a non-HDL-C goal of <100 mg/dL
(LDL-C of <70 mg/dL) is considered a therapeutic
option.

Complete Blood Count (CBC)

Result

White Blood Cell Count 6.3
Desired Range: 3.8-10.8 Thousand/ μ L

Red Blood Cell Count 4.72
Desired Range: 4.20-5.80 Million/ μ L

Hemoglobin 13.9
Desired Range: 13.2-17.1 g/dL

Hematocrit 41.3
Desired Range: 38.5-50.0 %

Mean RBC Volume 87.5
Desired Range: 80.0-100.0 μ L

Mean RBC Iron 29.4
Desired Range: 27.0-33.0 pg

Mean RBC Iron Concentration	33.7
Desired Range:	32.0-36.0 g/dL
RBC Distribution Width	12.6
Desired Range:	11.0-15.0 %
Platelets	384
Desired Range:	140-400 Thousand/uL
MPV	9.4
Desired Range:	7.5-12.5 fL
Absolute Neutrophils	3812
Desired Range:	1500-7800 cells/uL
Absolute Lymphocytes	1720
Desired Range:	850-3900 cells/uL
Absolute Monocytes	504
Desired Range:	200-950 cells/uL
Absolute Eosinophils	183
Desired Range:	15-500 cells/uL
Absolute Basophils	82
Desired Range:	0-200 cells/uL
Comprehensive Metabolic Panel (CMP)	
Result	
Glucose (Blood Sugar)	81
Desired Range:	65-99 mg/dL
Fasting reference interval	
Urea Nitrogen (BUN)	17
Desired Range:	7-25 mg/dL
Creatinine	1.22
Desired Range:	0.60-1.26 mg/dL
EGFR	80
Desired Range:	> OR = 60 mL/min/1.73m ²
The EGFR is based on the CKD-EPI 2021 equation. To calculate the new EGFR from a previous Creatinine or Cystatin C result, go to https://www.kidney.org/professionals/kdoqi/gfr45calculator	
BUN/Creatinine Ratio	NOT APPLICABLE
Desired Range:	6-22 (calc)
Sodium	140
Desired Range:	135-146 mmol/L
Potassium	4.3
Desired Range:	3.5-5.3 mmol/L
Chloride	103
Desired Range:	98-110 mmol/L
Carbon Dioxide	30
Desired Range:	20-32 mmol/L

Calcium

Desired Range: 8.6-10.3 mg/dL

7.3

Protein, Total

Desired Range: 6.1-8.1 g/dL

4.4

Albumin

Desired Range: 3.6-5.1 g/dL

2.9

Globulin

Desired Range: 1.9-3.7 g/dL (calc)

1.5

Albumin/Globulin Ratio

Desired Range: 1.0-2.5 (calc)

0.7

Bilirubin, Total

Desired Range: 0.2-1.2 mg/dL

48

Alkaline Phosphatase

Desired Range: 36-130 U/L

18

Aspartate Aminotransferase

Desired Range: 10-40 U/L

15

Alanine Aminotransferase

Desired Range: 9-46 U/L

Urine Analysis

Result

YELLOW

Color

Desired Result: YELLOW

CLEAR

Appearance

Desired Result: CLEAR

1.011

Specific Gravity

Desired Range: 1.001-1.035

6.5

pH

Desired Range: 5.0-8.0

NEGATIVE

Glucose (Blood Sugar)

Desired Result: NEGATIVE

NEGATIVE

Bilirubin

Desired Result: NEGATIVE

NEGATIVE

Ketones

Desired Result: NEGATIVE

NEGATIVE

Occult Blood

Desired Result: NEGATIVE

NEGATIVE

Protein

Desired Result: NEGATIVE

NEGATIVE

Nitrite

Desired Result: NEGATIVE

Leukocyte Esterase

NEGATIVE

Desired Result: NEGATIVE

WBC

NONE SEEN

Desired Range: < OR = 5 /HPF

RBC

NONE SEEN

Desired Range: < OR = 2 /HPF

Squamous Epithelial Cells

NONE SEEN

Desired Range: < OR = 5 /HPF

Bacteria

NONE SEEN

Desired Range: NONE SEEN /HPF

Hyaline Cast

NONE SEEN

Desired Range: NONE SEEN /LPF

Note

This urine was analyzed for the presence of WBC, RBC, bacteria, casts, and other formed elements. Only those elements seen were reported.

Testosterone (Male)

FINAL

Result

Testosterone (Male)

640

Desired Range: 250-827 ng/dL